



1 **Every moment has potential**
Every task, activity or interaction has opportunities to involve a person.

2 **Graded assistance to ensure success**
Provide the right type and amount of support to assist a person to engage and succeed in an activity or social interaction.

3 **Maximising choice and control**
Offer choices to increase a person's control over their life.

4 **Little and often**
Support a person to try new things or participate for a short time to increase their experience.