

**Explore.  
Extend.  
Connect.  
Achieve.  
Enjoy.**

## **Create your future. Prepare to make your mark!**

If you're on a mission to create your future, your way, why not join Onemda's Pathways to Independence & Employment program?

This energetic and engaging group program will support you to prepare for life and work in a fun and friendly environment. You'll have access to accredited and pre-accredited training, employment preparation and work experience, alongside others who share similar goals.

Expand your knowledge and build skills through awesome learning opportunities and enjoy practicing independence, expressing your creativity, building friendships and connecting with your community...all in a fun and supportive environment that supports your health and wellbeing.

So, if you're ready to make your mark, the future starts now with Onemda's Pathways to Independence & Employment program!



## WHAT YOU'LL DO...

Get ready for your future in a fun, friendly and supportive environment.

Pathways offers you a mix of on-site learning and in-community experiences & opportunities, including:

### Learn & Grow

- ▶ Literacy & numeracy
- ▶ Digital media & technology
- ▶ People, culture & environment
- ▶ Current affairs
- ▶ Communication building

### Your Life, Your Way

- ▶ Independence skills & personal development
- ▶ Shopping & cooking
- ▶ Household budgeting & money management
- ▶ Independent travel
- ▶ Recreational activities & excursions

### Express Yourself

- ▶ Painting & photography
- ▶ Crafts & woodwork
- ▶ Performing arts – music, band & theatre sports

### Be Your Best

- ▶ Health & wellbeing
- ▶ Fitness – gym, dance & sports
- ▶ Yoga & meditation
- ▶ Personal care & emotional wellbeing

### Ready 4 Work

- ▶ STEPs to Employment
- ▶ Certificate I courses in
  - Transition Education
  - Work Education
- ▶ Hospitality & commercial cooking
- ▶ Horticulture
- ▶ Embrace Café coffee trailer
- ▶ Volunteering

### OUTCOMES

Here are just some of the outcomes Onemda's Pathways program participants report:

- ▶ Improved **work skills** and **readiness for work**
- ▶ Higher levels of **confidence** and **independence**
- ▶ Greater **participation** and **connection** to community
- ▶ Strengthened **communication** and **interpersonal skills**
- ▶ Improved **relationships** and **teamwork**
- ▶ Better **understanding of environment** and **social customs**
- ▶ Enjoyment in **self-expression & creativity**
- ▶ Having **FUN!**

## 2023 TERM DATES

Onemda's programs run across four terms each year. The 2023 dates are:

### TERM 1

**Tuesday 17 January – Thursday 6 April**

### TERM 2

**Tuesday 11 April – Thursday 29 June**

### O-WEEK

**Monday 3 July – Friday 7 July**

### TERM 3

**Monday 3 July – Thursday 28 September**

### TERM 4

**Monday 2 October – Friday 22 December**

## Contact us:

### MAIN CAMPUS:

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