

Our highly skilled Therapy team offer a range of individually tailored, one-to-one therapy services aimed at supporting the unique therapeutic needs of adults with disability.

Individually tailored therapy services

Onemda provides a holistic approach to therapy. Our qualified and friendly therapists will work with you to create a therapy program suited to your individual needs and goals.

We provide a high quality Therapy Service and have a purpose-built Therapy Centre at our Doncaster East Campus including:

- ▶ **Warm water therapy pool**
- ▶ **Fully-accessible gymnasium**
- ▶ **Modern treatment spaces**

We also offer a mobile service that includes home and community visits, and flexible service delivery options like telehealth.

Transitioning Young Adults to Onemda Therapy Services

The transition from childhood to adult therapy services can be daunting.

Our therapists are familiar with supporting this process and will connect with your existing therapy team to ensure a smooth transition. We take the time to get to know you, your support people and your goals,



seek to establish clear expectations from the beginning.

We will support you to link in with the most appropriate therapy supports to continue to develop and achieve your goals as you transition into adulthood, in a supportive, family centred and collaborative manner.

**Our Doncaster East Main Campus
has a warm water therapy pool...**

Onemda offers a range of Therapy Services, including:

Our Speech Pathologists can help you...

- ▶ Develop communication skills and ability with targeted strategies and technologies.
- ▶ Build your capacity to eat and drink more safely and independently by providing swallowing and mealtime assessment and tailored therapies.

Our Physiotherapists can help you...

- ▶ Improve your movement, flexibility, posture and pain management through hands-on interventions, water-based therapies, exercises, and prescribed equipment like walking aids and wheelchairs.

Our Exercise Physiologists can help you...

- ▶ Maintain or improve your physical function with safe and effective exercise programs and interventions.

Our Occupational Therapists can help you...

- ▶ Participate more fully in every day activities like self-care, work, hobbies and socialising.
- ▶ Improve your independence and living situation by providing housing assessments and assessments for environment modifications, including home modification.
- ▶ Use assistive technology or equipment to maximise your independence and ability to participate
- ▶ Improve your comfort, health and wellbeing by providing complex seating prescriptions.



**FIND OUT
MORE**

Contact us

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